

THE FREESTYLE BULLETIN



MISSISSAUGA FIGURE SKATING CLUB

JANUARY 2011



2011 ICE SHOW - GLEEMING BLADES

MFSC is holding its biennial Ice Show on March 26, 2011. This year's performance, "Gleeming Blades", will be a tribute to the hit TV show "Glee". The Artistic Director, Mark MacVean, has been working with the Ice Show Committee on many organizational and operational details. Registration has been extended to mid-January to accommodate new Club members. Please register if you have not done so yet. Practices will start in early February. Further information about the Ice Show will be available soon.

MESSAGE FROM THE BOARD

Welcome back to skating! We hope that during, our Holiday break, each of you had the opportunity to enjoy a relaxing break from your normal routine, and spend many happy hours with family and friends.

If you have any questions or concerns, or want to give us some feedback, just contact any Board Member at one of the sessions or send us an email at info@mississaugafsc.com.

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CLUB NEWS

Our second **LCBO Tag Day** of the season took place on November 13, 2010. The event was extremely successful, and raised over \$1000 for the Club. Thank you to all who came to help.

MFSC hosted a **Synchronized Skating Gala** on November 28, 2010 at Iceland Mississauga. At this gala, The Ice Precise Adult I team, current National Champions, skated to a medley of 60s inspired music. The team's power, grace and precision took the audience on a psychedelic journey back into the past. The Ice Precise Adult II theme was Robots, a perfect fit for the seven time Provincial Champions who are known for their creative, precise and fast paced routines. The newly formed team, Mystic Motion Novice, made their debut this evening and skated to a selection of Celtic Dances. Their performance conveyed the happiness, power, intensity and control that Celtic dancers are famously known for. Senior MFSC skaters, Anastasia Mucha, Daniela Ferrari and Alexandra McDonald, performed as soloists. Participants of the Wednesday Skills Session demonstrated that they are still talented synchronized skaters, even if they are no longer part of a formal team. The Club is proud of this year's Synchro teams and wishes them success in this season's competitions.

Mississauga Figure Skating Club celebrated the holiday season with several free MFSC **Holiday Fun Events**. Members came out with their families and friends to skate at our **Funskates** on December 18, 21 and 23. On December 18 some of our Junior, Intermediate and Senior Skaters showed off their talents and entertained their guests with a **Holiday Showcase** at Iceland Arena before the Funskate. Thank you to Sandra

Goplin, who organized the skaters, and to all who provided treats for these events.

ONGOING CLUB ACTIVITIES

FUNSCRIP - Once again, MFSC is offering its members an opportunity to support their club at no cost! All you have to do is purchase gift cards and a percentage of the cost will be directed to the club. We have many supporting merchants to choose from, for food, gas, restaurants, books, etc. They make great gifts and are convenient for your everyday spending. Pick up a Funscrip list and order form next time you are at the rink. The remaining order and pickup dates are:

| Order Dates | Gift Cards Available for Pick Up |
|-------------|----------------------------------|
| Jan 8 – 22 | January 24 |
| Feb 5 – 19 | February 21 |

CLUB JACKETS - Our popular MFSC fleece jackets are still available for order in both children and adult sizes. Check for details as you come into the arenas. You can try on samples and check for our next order date.

PAs - Our Program Assistants continue to provide valuable assistance to the coaches during Canskate sessions. The benefits are mutual: PAs gain leadership experience and the PreCanskaters/Canskaters enjoy their love of skating and encouragement.



ICE SHOW PROGRAM

DESIGN CONTEST

We invite our skaters to submit a drawing to be considered for the cover of this year's Ice Show Program. The drawing should be in colour and fill an area with dimensions 7.5" by 9". Since the date, show title, and logo will also be part of the cover, please do not include these in your drawing. Drawing sheets will be available at the Club tables. Entries must be submitted by February 26, 2011 to either a Board Member or Brigitte Martin at the Canskate Table during either Tuesday, Thursday or Saturday Canskate sessions. The winning entry will be chosen by a panel of judges consisting of two coaches, two parents, two Board members and Brigitte. Stop by the Canskate table to see winning entries from previous shows.

UPCOMING CLUB EVENTS

BOWLING NIGHT - Our annual **Bowling Night** is set for January 29, 2011 from 7pm-midnight at Streetsville Bowl. This will be a fun-packed evening for the parents and their friends (over 19), and Adult members of the Club. Look forward to door prizes, a gift table, pizza, and, of course, bowling! We would appreciate donations for door prizes and the gift table. Just send us an email or speak to a Board member at the rink.

SNOWFLAKE SKATE- Many of our skaters are preparing for the upcoming Snowflake Skate Competition on January 23 in Oakville.

TEST DAY - The next Test Day has been changed to February 2, 2011. Lists of skaters and their testing times will be posted the week before at Tomken Arena.

CANSKATE NEWS

We have passed the half way point in our skate season! So far it has been wonderful! Canskaters celebrated Halloween with their MFSC friends by wearing their costumes to CanSkate sessions on Tuesday October 26th, Thursday October 28th and Saturday October 30th. They enjoyed scary music and treats for everyone. On Saturday December 18th, Tuesday December 21st and Thursday December 23rd Canskaters had a chance to skate with Santa and their friends, and enjoy some treats at our Holiday Family Fun Skates.

Now that the New Year is here we will start rehearsing for the up-coming Ice Show! I know the skaters are excited to get started and parents are looking forward to seeing their young ones perform! It should be a great experience for all!!

Canskaters have been working hard and having fun at the same time with our innovative CanSkate program. Mid-year Report Cards have been handed out so parents and skaters can see their progress! Everyone is doing very well! If you have questions regarding your skater's progress please speak to their group coach.

Congratulation to Sarah Dugan, Tess Kern, Angelina Wong, Victoria Laishley, Brandon Toste, Tiana Robinson, Karen Barboza and Jeremae Espinosa who have graduated to Junior sessions in the New Year.

I have re-grouped the skaters to reflect recent movement and the addition of new skaters joining our club.

Hope you enjoyed the Holiday Season and welcome back!

Brigitte Martin

CanSkate Coordinator

STARSKATE NEWS

Here are the results from the November 17, 2010 Test Day.

| | | | |
|--------------------|------------------------------|--------------------|---------------|
| Lianne Major | Senior Bronze Skating Skills | Elsa Sartor | Canasta Tango |
| Anastasia Mucha | Keats' Foxtrot | Elsa Sartor | Baby Blues |
| Alexandra McDonald | Gold Free Skating Program | Cynthia DiSano | Canasta Tango |
| Alexandra McDonald | Quickstep | Brenna Campbell | Baby Blues |
| Alaina Dhawan | Dutch Waltz | Andia Kerr | Baby Blues |
| Nicole Goldsztajn | Dutch Waltz | Lillian Wu | Baby Blues |
| Alexa Policicchio | Canasta Tango | Ana Sofia A. Ochoa | Baby Blues |
| Rachel Pallotta | Canasta Tango | Daniela Perez | Fiesta Tango |
| | | Nicole-Anne Pilon | Paso Doble |
| | | Daniela Ferrari | Quickstep |

SYNCHRO NEWS

The MFSC Synchro skating teams for this year are: Ice Precise Adult I, Ice Precise Adult II and Mystic Motion Novice, all coached by Nita Patel. Managers are Irene Gryniewski and Donna Sas for the Adult teams, and Francine Blowe and Valerie Zellermeier for the Novice team.

Mississauga Ice Precise- ADULT 1 Team

For the past 8 years, under the leadership of Nita Patel, Ice Precise Adult 1 has grown and flourished, earning the title of national champions this past March at the 2010 Canadian Synchronized Championships in Ottawa in the Adult 1 Event. . With many new team members and a lot of hard work over the past few months, they have had a strong start to the 2010-2011 skating season. Striving to improve technically with increased flow, speed and power, this team has realized first hand that cooperation and teamwork are the keys to successful team development. They have fun on the ice every practice as they work towards achieving their goals during another successful competitive season.

This season the Ice Precise Adult 1 team has already competed at the St. Hubert Invitational and Winterfest, and looks forward to Synchro Capers, Regionals, and hopefully another championship winning performance at the Adult National Championships in April 2011 in Sarnia.

Mississauga Ice Precise- ADULT 2 Team

Ice Precise Adult 2 is a team to be celebrated for its outstanding achievements. During their 7th season in 2010, they became both provincial and national champions. They remain a force to be reckoned with in the skating world and have opted to skate in a different category this season. They hope to continue their tradition of demonstrating wonderful skating quality and confidence on the ice and hope that their continued efforts will lead them to further success.

This season the Ice Precise Adult 2 team has attended the St. Hubert Invitational and Winterfest, and will compete in Synchro Capers and Provincial competitions. They once again plan to be a force within their category and look forward to attending the Adult National Championships in April 2011 in Sarnia.

Mississauga Mystic Motion Novice team

Mystic Motion Novice is a newly formed group of dedicated, enthusiastic and passionate skaters that has been working extremely hard this season as they embark on a new and exciting journey. All but one of these enthusiastic skaters is brand new to the Mississauga Synchronized Skating program this year. Together they have managed to create magic on the ice as their belief in themselves has helped them to accomplish some wonderful progress in their short time together.

The Mystic Motion Novice team competed for the first time in December at the St. Hubert Invitational, followed by Winterfest and will appear at Synchro Capers and Regionals. They are working to earn a spot at the National Synchronized Skating Championships to be held in late February in Brampton.

COMPETITION NEWS

FSB OCTOBERFEST OCTOBER 14 – 17, 2010

| | | |
|--------------------|--|------------------------|
| Alexandra McDonald | Novice Women Short Program/Freeskate | 9 th place |
| Anastasia Mucha | Pre-Novice Women Short Program/Freeskate | 12 th place |

KESWICK INVITATIONAL SKATE NOVEMBER 20-21, 2010

| | | |
|--------------------|------------------------------------|-----------------------|
| Ana Sofia A. Ochoa | Introductory B Ladies FreeSkate | 3 rd place |
| Daniela Perez | Pre-preliminary Ladies B FreeSkate | 2 nd place |
| Emma Witiuk | Pre-preliminary Ladies B FreeSkate | 4 th place |

BMO SKATE CANADA SECTIONALS - CENTRAL ONTARIO CHAMPIONSHIPS NOVEMBER 4 -7, 2010

| | | |
|--------------------|--|------------------------|
| Alexandra McDonald | Novice Women Short Program/Freeskate | 13 th place |
| Anastasia Mucha | Pre-Novice Women Short Program/Freeskate | 49 th place |

ST-HUBERT SYNCHRO INVITATIONAL, DECEMBER 11, 2010

| | |
|-----------------------------------|-----------------------|
| Mystic Motion Novice Synchro team | 4 th place |
| Ice Precise Adult II Synchro team | 3 rd place |
| Ice Precise Adult I Synchro team | 4 th place |

FIGURE SKATING BOUTIQUE WINTERFEST, HERSHEY CENTRE, JANUARY 7-9, 2011

| | |
|---------------------------|-----------------------|
| Mystic Motion Novice team | 8 th place |
| Ice Precise Adult I team | 2 nd place |
| Ice Precise Adult II team | 2 nd place |

We are proud of the achievements of these skaters, who represent our Club with distinction.

DATES TO REMEMBER

Test dates (no skating sessions)

Wednesday, February 2, 2011 (REVISED DATE)
Monday, March 7, 2011

Exception Dates (no skating sessions)

February 21, 2011 Monday
March 15, 2011 Tuesday

UPCOMING COMPETITIONS AND EVENTS

| | |
|------------------------|---|
| January 17 – 20, 2011 | BMO Skate Canada Junior Nationals – Victoria, BC |
| January 21 – 23, 2011 | BMO Skate Canada Canadian Figure Skating Championships – Victoria, BC |
| January 21-23, 2011 | Synchro Capers – Newmarket, ON |
| January 23, 2011 | Snowflake Skate Competition – Oakville, ON |
| January 29, 2011 | Club Adult Bowling Night |
| February 11 – 13, 2011 | Ontario Regional Synchronized Skating Championships, North Bay, ON |
| February 18 – 20, 2011 | FSB-COS STARSkate Competition – Brampton, ON |
| February 24-26, 2011 | BMO Skate Canada Synchronized Skating Championships, Brampton, ON |
| March 4 – 6, 2011 | March Mania – Innisfil, ON |
| March 12 – 13, 2011 | Trillium STARSkate Championships – Mississauga, ON |
| March 21-24, 2011 | MFSC Ice Show Practices |
| March 25, 2011 | MFSC Ice Show Dress Rehearsal |
| March 26, 2011 | MFSC Ice Show Performances |
| April 8-10, 2011 | Skate Canada Adult Figure Skating Championships, Sarnia Lambton, ON |
| April 8-10, 2011 | FSB Fun Competition –Thornhill, ON |
| April, 2011 | Scarboro Skate – Scarborough, ON |
| August 11-14, 2011 | Summer Skate 2011, Thornhill, ON |

YOU MIGHT BE A FIGURE SKATER IF...

You keep winter clothes in your closet all year long.

When you hear a song, you think about choreographing it.

You call the Fiesta Tango the Fiasco Tango.

You like to buy your shoes half a size smaller than you really need so they feel like your skates.

SKATE CANADA NEWS

Skate Canada has recently launched Skatebuzz, a website devoted to coverage of figure skating competitions. It provides live streaming, skater biographies, forums and news. If you want to see coverage of a past competition, simply go to skatebuzz.ca and you can relive the event on-line.

SKATE CANADA – COS (CENTRAL ONTARIO SECTION) NEWS

COS is pleased to announce the appointment of PATRICIA GLENWRIGHT as Manager, Programs and Services as of January 4, 2011. Patricia is responsible for the implementation and delivery of Skate Canada and COS programs and services by COS member clubs in consultation with the COS Board of Directors and respective committees. Patricia will also continue as one of MFSC's full-time coaches. We wish her great success in this new position.

SKATING TIP

How often you need to sharpen ice skates depends upon how often you skate and how rough is the ice surface you skate on. Some hockey players like to sharpen their blades after every game. Figure skates require special care when sharpening. Check with your coaches if you need assistance in finding someone to service your skates.



BOARD OF DIRECTORS

| | |
|---------------------|----------------------------|
| Heather MORRISON | PRESIDENT |
| Nancy McDONALD | VICE PRESIDENT |
| Natalie MUCHA | TREASURER |
| Bonnie MORGADO | PAST-PRESIDENT |
| Leanne PILON | COACHES' REPRESENTATIVE |
| Toni FERRARI | DIRECTOR |
| Anelia GODINHO | DIRECTOR |
| Debbie GOW | DIRECTOR |
| Rose MORRA | DIRECTOR |
| Valerie ZELLERMEYER | DIRECTOR |

COACHING STAFF

Our full-time coaches for 2010-2011 are:

| | |
|---------------------|--|
| Patricia GLENWRIGHT | 905-454-5431 |
| Sandra GOPLIN | 905-465-1137 sandracs@shaw.ca |
| Amanda KOLAPAK | 905-876-4404 kolapak@gmail.com (new) |
| Mark MacVEAN | 905-279-3192 mnmacvean@hotmail.com |
| Leanne PILON | 905-602-6307 pilonblades@gmail.com |
| Aryana SHANAB | secretdays@hotmail.com |

LETTER FROM THE EDITOR

Family Memories – On and Off the Ice

When I was a kid at school, the highlight of the year was the annual school play. There was nothing better than skipping our daily lessons in language, social sciences and math. We would head downstairs to the auditorium, which was normally off-limits, to practice our skits and laugh with our friends. While the teachers and parent volunteers might have been tense about the apparent lack of progress each time, we were busy having fun. Somehow, in spite of the apparent chaos during rehearsals, the performances on show night amazed and delighted our audiences. For one night, we were proud and happy to be part of something greater than what we normally experienced. Our parents were proud too, and had invited our grandparents, uncles and aunts to watch. They may have been tired from making costumes and props, but I am sure they were happy to have been a part of it as well.

These days, it is not as common for most children and their families to have such an experience through their school. Fortunately for my kids, they have been able to participate in several Ice Shows organized by the Mississauga Figure Skating Club. While watching apparent pandemonium on the ice during rehearsals, it is always difficult to believe that everything will be alright. However, when the lights dim on performance day, and the first skaters finally come on the ice, I breathe a sigh of relief and am so glad I said yes to participating one more time.

ABOUT US

The Mississauga Figure Skating Club (MFSC) was established in 1950. MFSC is a not-for-profit organization, incorporated under the laws of Ontario and sanctioned by Skate Canada, whose purpose is to encourage and assist all skaters. The affairs of the corporation are managed by a volunteer Board of Directors, elected annually at a general meeting of the membership. The members of the Corporation are mainly the registered Skaters, 18 or older, or their Parent, if the skater is under 18. Each member is entitled to one vote at all meetings of the members, except that a Parent may only exercise one vote in total, for all minor children that he/she represents as a Parent or Guardian.

MFSC offers opportunities for all who want to learn to skate and improve their skills in a fun and friendly environment. The club is open to all, from young children to adults, and for all levels of interest: from recreational to Competitive/Gold levels, single and team skating. Instructional sessions are offered at Iceland Mississauga and Tomken Twin arenas throughout the week. Coaches are available for private lessons for those interested in figure skating. We host a number of on-ice events and socials. Our biennial Ice Show is the highlight of the year for everyone. For further information, please contact us or visit our website.

CONTACT INFORMATION

MAILING ADDRESS

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